



The Concierge Questionnaire: Sananda Maitreya, Post Millennium Rocker and Missionary



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Sananda Maitreya (the artist formerly known as Terence Trent D'Arby) is a Grammy Award winning artist, as well as an American Expatriate who has been enjoying life in Milan, Italy since 2002. In 1987, Sananda Maitreya's most celebrated and commercial work *The Hard Line* According To Terence Trent D'Arby earned him a Grammy Award for Best R&B; Vocal Performance and yielded a Top 40 number one hit with "Wishing Well." Today, Maitreya produces self-described "Post Millennium Rock, a music made by the heart of the artist for the spirit of the people, its nature is passion courage and curiosity." In fact, June 2009 marked the jubilant release of his beautifully soulful and richly layered album *Nigor Mortis*.

Check out [Sananda Maitreya](#) to download *Nigor Mortis* and more great music, his current tour schedule, and much more!

What is your favorite word to describe Milan?

Mysterious.

What word best reflect .s the people of Milan?

Detached.

What is the most creative, spiritual or emotional place in Milan?

The Duomo Area.
Piazza del Duomo is a bustling square with the magnificent Gothic Cathedral, Duomo di Milano.

What is your favorite outdoor activity in Milan?

Walking. Milano has some great parks: my favourite are Parco Sempione and Giardini Di Via Palestro. The two best things to do in Milano are: 1) to meditate (whether in the wonderful churches, galleries, parks or restaurants to meditate on food) and 2) to shop, the Via Montenapoleone area is well known, but I suggest also a walk to the Navigli area.

Parco Sempione: between Piazza Sempione and Castello Sforzesco.

*Giardini Di Via Palestro: Via Palestro Navigli District is known for wonderful boutiques, art galleries, bars, and restaurants.
Navigli District : South of Corso Porta Ticinese.*

What is your favorite indoor activity in Milan?

Recording music.

What is your favorite sound or noise in Milan?

The early birds.

What is your favorite smell or taste in Milan?

My wife's lips.

What drink best reflects Milan?

Coffee, I recommend the 'Bar Bianco' inside the Giardini di Via Palestro (ask for a Marocchino – which is a small version of a Cappuccino with chocolate) or 'Sant'Ambroeus'.

[Bar Bianco](#): Giardini Di Via Palestro, Viale Enrico Ibsen 4, Hours: June-August: Monday-Wednesday 9am-11:30pm; Thursday and Sunday 9am-1am; Friday-Saturday 9am-2am and September-May: 9am-11:30pm daily.

What song or type of music best reflects Milan?

Jazz at the Blue Note Milano, and Opera at La Scala – a must see.

*[Blue Note Milano](#): Via Borsieri Pietro, 37
Please visit Blue Note Milano for performance calendar and additional information.*

*[Teatro alla Scala](#): Via Filodrammatici 2
Please visit Teatro alla Scala for performance calendar and additional information.*

If Heaven were Milan, what would God say to a visitor when they arrive at the Pearly Gates?

Enjoy, spend money, then leave! ■